



Osteopathic Solutions



# MOVING & HANDLING OF PEOPLE TRAINING DVD



**DVD & USB Versions**



**Induction & Refresher Training Tool**



**Significantly Less Moving & Handling Injuries**



**CQC & HSE Compliance**



**OVER 2 HOURS OF MOVING & HANDLING OF PEOPLE TRAINING CONTENT**

**prismmedicaluk**  
a prismhealthcare company





## SECTION 1 - WHEELCHAIR HANDLING

- Hazardous & BackSafe Handler Postures with Arm Rests, Brakes & Foot Plates
- Turning Wheelchair using Brakes
- Hazardous & BackSafe Pushing Technique
- Hazardous & BackSafe Pulling Technique
- Hazardous & BackSafe Pushing up Vehicle Ramp
- Hazardous & BackSafe Handler Postures inside Vehicle
- BackSafe Handling Up & Down Curbs



## SECTION 2 - SITTING TO STANDING

- Factors for a Successful Transfer
- Verbal Guidance Sit to Stand from Chair
- Verbal Guidance & Minimal Assistance 1 & 2 Handler Sit to Stand from Chair
- Verbal Guidance & Minimal Assistance 1 & 2 Handler Sit to Stand from Bed
- Alternative Coupling with the Person
- Hazardous Handler Postures & Coupling with the Person
- Handling Belts
- Controversial Techniques including the Drag Lift



## SECTION 3 - WALKING AIDS

- Walking Sticks
- Walking Frames
- Rollators





## SECTION 4 - ASSISTED WALKING

- Verbal Guidance & Minimal Assistance 1 & 2 Handler
- Verbal Guidance & Minimal Assistance 2 Handler with Handling Belt
- Alternative Coupling with the Person
- Hazardous Coupling with the Person
- Prism Medical Mackworth TA180 Stand Aid



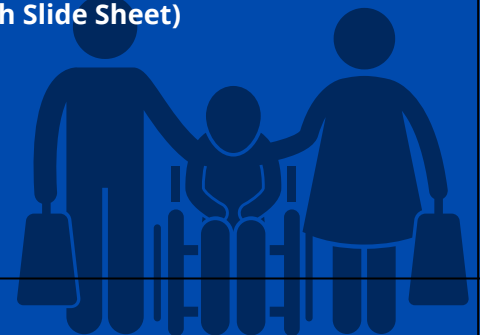
## SECTION 5 - STANDING TO SITTING

- Verbal Guidance Stand to Sit to Chair
- Verbal Guidance & Minimal Assistance 1 & 2 Handler Stand to Sit to Chair
- Prism Medical One Way Glide
- Verbal Guidance & Minimal Assistance 1 & 2 Handler Stand to Sit to Bed
- Hazardous Handler Postures



## SECTION 6 - MOVING FORWARD IN THE CHAIR

- Verbal Guidance
- Verbal Guidance & Minimal Assistance 1 Handler (Lunge Technique)
- Verbal Guidance & Minimal Assistance 1 Handler (Lunge Technique with Slide Sheet)
- Verbal Guidance & Minimal Assistance 1 Handler (Standing Technique)





## SECTION 7 - MOVING BACK IN THE CHAIR

- Verbal Guidance
- Verbal Guidance & Minimal Assistance 1 Handler (Lunge Techniques)
- Prism Medical One Way Glide



## SECTION 8 - STANDING TRANSFERS

- Mackworth Patient Turner
- Freeway Raiser Stand Aid
- Freeway Raiser & Freeway Ladder Strap
- Mackworth TA180 Stand Aid
- Freeway SA160C Mini Standing Hoist
- Mackworth SA160E Standing Hoist



## SECTION 9 - SITTING TRANSFERS

- Verbal Guidance Bed to Shower Chair using Prism Medical ETAC Transfer Board
- Verbal Guidance Wheelchair to Bed using Transfer Board with built in Slide Sheet
- Verbal Guidance Chair to Wheelchair
- Handler Verbal Guidance & Minimal Assistance Chair to Wheelchair with Handling Belt





## SECTION 10 - PROFILING BEDS

- Raising & Lowering Flat Mattress
- Raising & Lowering Head End
- Raising & Lowering Knee Brake
- Combined Use of Head End & Knee Brake
- Trendelenburg Mattress Position
- Application of Slide Sheet when Raising Head End



## SECTION 11 - ASSISTANCE BACK TO BED

- Verbal Guidance using Prism Limb Lifter
- Verbal Guidance & Minimal Assistance 1 Handler
- Verbal Guidance & Minimal Assistance 1 Handler using Prism Limb Lifter
- Verbal Guidance & Minimal Assistance 1 & 2 Handler using Prism Medical Flat Slide Sheet
- 2 Handler Lateral Transfer using Mackworth Essentials Satin Sheet
- 2 Handler Lateral Transfer using Prism Medical Flat Slide Sheets
- Removing Prism Medical Flat Slide Sheet
- Hazardous Handling Postures



## SECTION 12 - SITTING UP IN BED

- Raising Head End of Profiling Bed & application of Slide Sheet
- Bed Ladders
- Verbal Guidance using Bed Ladder 1 & 2 Handler Minimal Assistance
- Verbal Guidance & 2 Handler Minimal Assistance
- Fitting a Patient Handling Sling under the Supine Person
- Verbal Guidance & 2 Handler Minimal Assistance using Patient Handling Sling
- Controversial Techniques including the Drag Lift





## SECTION 13 - SUPINE TO SITTING

- Verbal Guidance using Prism Limb Lifter
- Verbal Guidance & 1 Handler Minimal Assistance from Person's Left Side
- Verbal Guidance & 1 Handler Minimal Assistance from Person's Right Side



## SECTION 14 - SIDE LYING TO SITTING

- Verbal Guidance Transfer
- Verbal Guidance & 1 Handler Minimal Assistance
- Verbal Guidance & 2 Handler Minimal Assistance



## SECTION 15 - ROLLING PERSON TO FIT SLIDE SHEETS

- Verbal Guidance Independent Transfer
- 2 Handler Minimal Handling to fit Roller Slide Sheet
- Alternative Positionings of Person's Limbs
- Common Hazardous Handler Techniques & Coupling
- Hazardous Handler Postures





## SECTION 16 - FITTING SLIDE SHEET WHEN A PERSON CAN'T BE ROLLED

- Verbal Guidance using Prism Limb Lifter
- Verbal Guidance & 1 Handler Minimal Assistance from Person's Left Side
- Verbal Guidance & 1 Handler Minimal Assistance from Person's Right Side



## SECTION 17 - MOVING PERSON UP THE BED

- Verbal Guidance Independent Transfer
- 2 Handler Minimal Handling Pushing Technique using Slide Sheets
- 2 Handler Minimal Handling Pulling Technique using Slide Sheets
- Common Hazardous Handler Techniques & Coupling
- Hazardous Handler Postures
- Hoisting using the Prism Medical Mackworth Essentials Mobile Hoist



## SECTION 18 - LATERAL TRANSFERS

- 2 Handler Minimal Handling across the Bed using Prism Medical Flat Slide Sheets
- 4 Handler Minimal Handling using Lateral Transfer Board, Slide Sheets & Extension Cables
- Hazardous Handler Postures





## SECTION 19 - TURNING A PERSON ON THEIR SIDE

- 1 Handler Minimal Handling to face Handler using Slide Sheets
- 1 Handler Minimal Handling to face away from Handler using Slide Sheets
- 2 Handler Minimal Handling using Slide Sheets
- Common Hazardous Handler Techniques
- 2 Handler use of Mackworth Essentials Mobile Hoist & Flat Slide Sheets
- 2 Handler use of Mackworth Essentials Mobile Hoist & the Freeway Bed Management System
- Handler Minimal Handling using the Freeway Bed Management System



## SECTION 20 - FITTING SLINGS WITH ROLLING PERSON

- Fitting of the Prism Medical Universal Sling using the Draping Method
- Fitting of the Prism Medical Universal Sling using the Folding Method
- Fitting of the Prism Medical Universal Sling using the Origami Technique



## SECTION 21 - FITTING SLINGS WHEN PERSON CAN'T BE ROLLED

- 2 Handlers using Prism Medical Flat Slide Sheets
- 2 Handlers using Roller Slide Sheet
- Removal of Slide Sheets







## SECTION 22 - FITTING SLINGS UNDER PERSON IN CHAIR

- 2 Handler fitting of Universal Sling when Person can bend forward
- 2 Handler fitting of Universal Sling using Roller Slide Sheet when Person can't bend forward



## SECTION 23 - HOISTING

- Hoisting Safe Systems of Work
- Universal Sling Leg Loop Configurations
- Hoisting from Bed to Chair using the Mackworth Essentials Mobile Hoist
- Hoisting from Chair to Bed using the Mackworth Essentials Mobile Hoist
- BackSafe Pushing & Pulling of Mobile Hoists



## SECTION 24 - REPOSITIONING PERSON IN THE CHAIR

- BackSafe Positioning of Chair with no Armrests
- Verbal Guidance & 2 Handler Minimal Assistance to sit Person Upright
- Fitting of Prism Medical Universal Sling
- Repositioning Person in Chair using Mackworth Essentials Mobile Hoist





## SECTION 25 - MANAGING THE FALLING & FALLEN PERSON

- Falls Assessment
- Verbal Guidance Transfer from Floor to Chair
- 2 Handler Minimal Handling to sit the Person Up
- Use of Upturned Chair
- Fitting Universal Sling with Rolling Person
- Fitting Universal Sling when Person cannot be Rolled
- Hoisting from Floor
- Moving Person from Confined Spaces using Flat Slide Sheets



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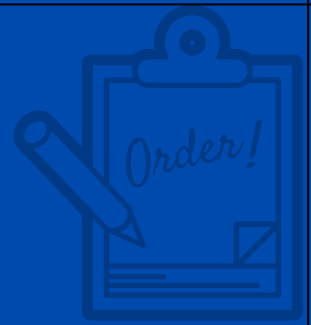
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