



3 Hour Theatre Patient Handling Practical Skills Course

- 10 minutes** **Introduction**
Postural Awareness
- 30 minutes** **Theatre Inanimate Load Manual Handling**
BackSafe Lifting, Carrying, Pushing, Pulling
- 5 minutes** **Limb Handling**
- 45 minutes** **Fitting of Slide Sheets**
Moving Patient up operating table/ trolley
- 45 minutes** **Lateral Transfers using PATSLIDE®, Slide Sheets & Extension Cables**
Lateral Transfers using Air Transfer Mattress
- 45 minutes** **Proning Patients on operating table**
Proning Patients from trolley to operating table using PATSLIDE®
Proning Patients from trolley to operating table using PROTURN®

